

Activities for half term (31 May - 6 June) for children with a disability

Activities in bold have limited numbers and MUST BE BOOKED.

For other activities, just turn up, the more the merrier!

All the activities on Monday to Friday are free. There is a nominal charge for activities on Sunday.

For up to date information, keep an eye on [our website](#) or contact Carol on 407312.

Monday 31st May (bank holiday)

3.00pm – 4.00pm Horse Riding – Ride Out aimed at children who have attended previous sessions – 8 places

Places must be booked with the Community Unit on 407312

Tuesday 1st June

10.00 am – 11.00am Aqua Max at Park Leisure Centre

Fun in the pool – slides, inflatables or swimming.

12 noon – 1.00pm Climbing Wall at Park Leisure Centre (4 places available)

Places must be booked with the Community Unit on 407312

1.30pm – 3.30pm Multi - Skills at the Park Leisure Centre

Bouncy castle, soft play etc. Bring the family!

4.00pm – 5.00pm Horse Riding – Ride Out aimed at children who have attended previous sessions – 8 places

Places must be booked with the Community Unit on 407312

Wednesday 2nd June

10.00 am – 11.00am Aqua Max at Park Leisure Centre

Fun in the pool – slides, inflatables or swimming

12 noon – 1.00pm Climbing Wall at Park Leisure Centre (4 places available)

Places must be booked with the Community Unit on 407312

1.30pm – 3.30pm Sunbeams Ormsgill Children's Centre

Therapeutic music and movement sessions for children and young people with special needs (ages 2-18) accompanied by their parents/carers. Siblings are welcome. Please contact Jackie on 834533.

Thursday 3rd June

10.00 am – 11.00am Aqua Max at Park Leisure Centre

Fun in the pool – slides, inflatables or swimming

11.00am – 12.00noon Cycling at Park Leisure Centre – siblings welcome.

1.00pm – 2.00pm Horse Riding – indoor session - 8 places

Children attending the horse riding session must be able to walk up steps with assistance. Parents or carers must stay as they might be needed to side walk with the children. Weight limit of children is 15 stone. No child under the age of 4 can attend the session.

Places must be booked with the Community Unit on 407312

2.00pm – 3.00pm Horse Riding – Ride Out aimed at children who have attended previous sessions – 8 places

Places must be booked with the Community Unit on 407312

3.30pm – 4.30pm Trampoline for autistic children (Dash @ Dowdales) 8 places available

Places must be booked with the Community Unit on 407312

4.30pm – 5.30pm Trampoline for any disability (Dash @ Dowdales) 8 places available

Places must be booked with the Community Unit on 407312

Friday 4th June

10.00am - 11.00am Max inspiration Gym - Free taster session at the Youth Gym (If you enjoy this, sessions run every Sunday from 10.30am – 11.30am for £2.50)

12 noon – 2.00pm Football Coaching: (12-1pm under 16's, 1pm - 2pm over 16's) with Barrow AFC Community Initiative

3.30pm – 4.30pm Trampoline for any disability (Dash @ Dowdales) 8 places available

Places must be booked with the Community Unit on 407312

4.30pm – 5.30pm Trampoline for any disability (Dash @ Dowdales) 8 places available

Places must be booked with the Community Unit on 407312

Sunday 6th June

10.30am – 11.30am Max Inspiration Gym - This is the normal weekly session which is £2.50

1.30pm Cinema Event at Apollo Cinema

Film to be confirmed. £1 for each child – parents and carers free.