

Short Breaks Inclusion Workers

Hello! A big part of **Aiming High for Disabled Children** is about transforming short breaks. Part of this is about increasing access to universal leisure activities for disabled children and young people.

The Short break Inclusion Workers want to:

- Make sure that children and young people with severe disabilities can access a range of universal (non-specialist) activities of their choice.
- Make sure that children and young people with severe disabilities are accessing universal leisure activities for more time.
- Make sure that we increase the number of children and young people who have severe disabilities accessing universal leisure activities.

To do this we want to:

- Work with the providers of leisure activities and clubs to make sure that they are aware of any difficulties that children and young people may have in joining in.
- Gather information together of all the universal activities and opportunities that are available in your area.
- Share the information (on a website) about what is available in your area with parents, young people, children, schools, children's services and others.

Please contact us if you think we may be able to help you make a difference to a child or young person with disabilities.

The short break inclusion workers in your areas are:

Karen Hull - Furness

Mobile: 07771944261 Email: karen.hull@cumbriacc.gov.uk

Anna Waugh - West Cumbria

Mobile: 07917474004 Email: anna.waugh@cumbriacc.gov.uk

Alison Cater - Carlisle

Mobile: 07733300976 Email: alison.cater@cumbriacc.gov.uk

Jeremy Farncombe - Eden and South Lakes

Mobile: 07825340174 Email: jeremy.farncombe@cumbriacc.gov.uk