

# A Sensory Experience!

Come and join the Children's Centre staff and explore 2 very different sensory environments

**Relaxation** - Gentle music, soft lighting, aromas in the air, bubble tubes, fibre optics and much more

**Stimulation** - Cold spaghetti, shredded paper, gloop, play dough, paint and a few surprises

Wednesday 27<sup>th</sup> October  
Belah Community Centre, Briar  
Bank, St Ann's Hill,  
Carlisle CA3 9RS  
10.00am - 11.00am

The sessions are for children with additional needs under 10 years of age and their families, including brothers and sisters. There will be something for everyone. Children must be accompanied by an adult.



For more information please  
call Anne on  
01228 625937

