

# Activities For Summer

Spring Mount Community Centre,  
Walney Island,  
Barrow-in-Furness

## Young Persons Club

**20th, 23rd, 30th July 10-12.30**

**Noisy Sessions**

**1.30-4.30**

**Quiet Sessions**

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**4th, 6th, 11th, 13th**

**August 1.30-4.30**

**Everybody!**

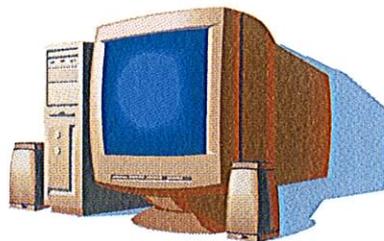
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**16th, 18th Aug 10-12.30**

**Noisy Session**

**1.30-4.30**

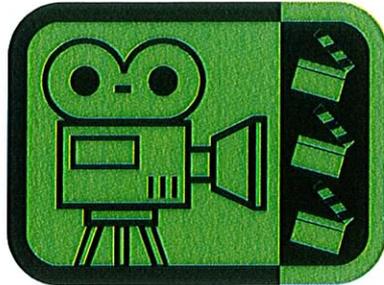
**Quiet Session**



Parents are welcome too!  
Come and relax with other  
parents over coffee!



# Cinema Club



Apollo Cinema, Hollywood Park  
Barrow in Furness

The Cinema Club will be held on the last Sunday afternoon of each school holiday and the middle Sunday of the summer holiday. The dates for 2010/2011 will be:

Sunday 15<sup>th</sup> Aug. 2010  
Sunday 2<sup>nd</sup>. Jan. 2011  
Sunday 24<sup>th</sup> April 2011

Sunday 31<sup>st</sup> Oct. 2010  
Sunday 27<sup>th</sup>. Feb. 2011  
Sunday 5<sup>th</sup>. June 2011

The shows will start somewhere between 1.00pm and 1.30pm and will be a suitable, latest release children's film. Emails or texts will be sent out to members to tell them the actual start time and the name of the film the week before.

Children & Young People with membership cards will only be charged £3.50 to see the film and an accompanying adult will not be charged, as long as they have the adult membership card with them.

Karen Hull  
Inclusion Worker  
Aiming High - Short Breaks  
Tel; 07771 944261

**Exclusive viewing of a current blockbuster film!!**

# Sandside School & Oaklea Trust Summer Activities

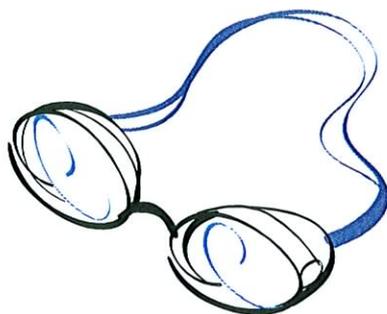
Lakes Leisure Centre,  
Priory Rd, Ulverston

Tarmac Tennis Court  
or  
Indoor Tennis Court (Dependent on Weather!!!)

Sessions;- 9.30am-1.30pm @ £4 per session

Mon 2<sup>nd</sup> August  
Fri 6<sup>th</sup> August  
Mon 9<sup>th</sup> August  
Fri 13<sup>th</sup> August  
Mon 23<sup>rd</sup> August  
Fri 27<sup>th</sup> August

Football, Hockey, Boccia, Parachute Games,  
Curling, Fun Sports, Rugby, Crown Green bowling,  
T Ball, Swimming etc!!!!



**To Book your place contact:  
Jen Morton 07868 574108**

# STEPS

Steps Club for ages 11 to 18 runs from 6.30 to 8.30 pm each Thursday, at Kendal Day Centre, Club subscription is £2 each week.

Weekly activities included are:

Play Station Games - Ball Games - Table Games - Walks out - Games at Abbott Hall park- Videos - Drawing and Painting - Making Friends - Team Games- Refreshments

# Riversiders

Every week between 4.00 pm and 8.00pm, bring your tea, or bring money for chips or for a sandwich. From 6.00 pm to 8.00 pm choose your activities. Club subscription is £2 each week. Remember weekly activities include: - Art work, Craft work, Listening to music, Pub group, Walking group, Cooking, Making friends, Outdoor games, Table top games, Videos, Play station, Keep fit and refreshments.

Age 18 upwards

For more information contact Karen Kidd on 01539 735025  
or 07734 162987

Weekly activities included are:

Play Station Games - Ball Games - Table Games - Walks out - Games at Abbott Hall park- Videos - Drawing and Painting - Making Friends - Team Games- Refreshments

## CADS

# Children's Able & Disabled Sports Programme INCLUSIVE HOLIDAY SPORTS PROGRAMME 10.00am - 3.00pm

**Week 1 Dates:** 28th - 30th July 2010  
**Week 2 Dates:** 1st - 3rd September 2010

Lakes Leisure Ulverston, Priory Road  
Ulverston, Cumbria, LA12 9HT  
Tel: 01229 584110

**Cost:** £30.00 (per 3 days programme per child)

## Barrow Sports Council Activities

**Aqua Max! Lots of fun in the pool!**  
Mondays 19th, 26th July; 2nd, 9th, 16th, 23rd Aug  
10am-11am

**Multi Play**  
Mondays 20th, 26th July; 2nd, 9th, 16th, 23rd August  
1.30pm-3.30pm

**Climbing:**  
Tuesdays 19th, 26th July; 2nd, 9th, 16th 23rd August  
12:45-1:45pm

**Cycling:**  
Thursdays 29th July; 12th and 26th August and 2nd September  
11am-12pm

**Canoeing:**  
Tuesday 31st August to Friday 3rd September (4 days)  
10am-11am

Derek Brook, Community Development Officer  
01229 407575 or 07825 340479

## Lakes Leisure Kendal & Oaklea Trust

Noisy & Wet 19 & 26<sup>th</sup> August  
10am-1.30pm

Quiet & Wet 19<sup>th</sup> & 26<sup>th</sup> August  
£15 per session

Trampolines, Soft Play, Indoor Games  
Swimming, Arts & Crafts



Come and Join In The Fun!!

Please book at Leisure Centre  
01539 729777

# Activities For Summer



# The Playstation Penrith Young Persons Club

Thursday 22<sup>nd</sup> July, Monday 26<sup>th</sup> July, Monday 2<sup>nd</sup> August, Monday 9<sup>th</sup> August, Monday 16<sup>th</sup> August, Monday 23<sup>rd</sup> August

1.30-4.00pm  
£3 per session

Parachute games, art and craft, drama, sport and games of skill, or simply chill with your mates!

## Summer Specials

On the following days we have also arranged special events:

Monday 19<sup>th</sup> July – Crafty Monkeys will be at the Playstation for throwing pots, painting ceramics, a chance to be really creative!

1.30pm-4.30pm



Tuesday 27<sup>th</sup> July – A full day trip to Grizedale Forest, coach leaves the Playstation at 9am (see separate flier)

Thursday 5<sup>th</sup> August – Llama Café for an Animal Magic tour, meeting staff at the café at 1.30pm until 4.30pm



Thursday 12<sup>th</sup> August – Watchtree Nature Reserve for a cycle extravaganza. Meet staff at 1.30 until 4.30

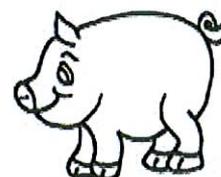


Thursday 19<sup>th</sup> August – Ten pin bowling at Carlisle. Meet Staff at 2pm until 4pm.



Thursday 26<sup>th</sup> August – Walby Farm Park, 1.00-4.00pm

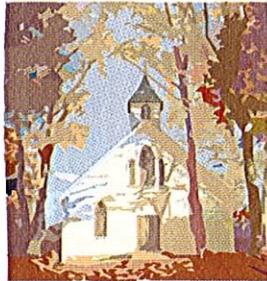
**Each event will be £5 per session  
Please book early as these are sure to be popular!**



# Furness Abbey Day Out

Tuesday 20th July

11am - 2.30pm



**FREE !!!!!**

Please meet staff in the Furness Abbey car park  
at 10.45am

## Maize Maze Trip

Tuesday 24<sup>th</sup> August

Meeting outside Barrow Town Hall & Wattsfield House,  
10am, returning 4pm

Price £6 per child, £7.50 per adult/carer.

Please provide a packed lunch. Extra pocket money can  
be brought for ice creams etc...

A small deposit of £3 per person is required no later  
than the 9th August. (Limited places available)

# Ducky Park Farm Trip

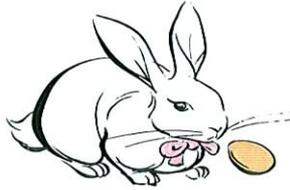
*Tuesday 17th August*

*10am - 4pm*

Price £6 per child, £7.50 per adult/carer

Meet staff outside Barrow Town Hall 10am

Return 4pm



# Grizedale Forest Trip



*Tuesday 27<sup>th</sup> July*

Meeting outside Barrow Town Hall 10am, returning 4pm

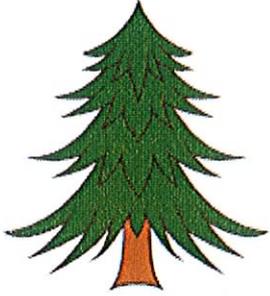
Price £6 per child, £7.50 per adult/carer

**Please provide a packed lunch. Extra pocket money can be brought for ice creams etc...**

**A small deposit of £3 per person is required no later than 30th August (Limited places so book early!)**



# Grizedale Forest Trip



Tuesday 27<sup>th</sup> July

Meeting at the Playstation 9am, returning 4.30pm

Price £6 per child, £7.50 per adult/carer

Please provide a packed lunch.  
Extra pocket money can be brought for ice  
creams etc...



A small deposit of £3 per person is required no  
later than the 16th July.

Please book early as there are limited places available