

Kendal Family Drop-In Centre
and Sandgate School
Play scheme



October Holidays 2011

Hello Everyone

The Kendal Family Drop-In Centre and Sandgate School are running **fully inclusive** activities, for ages 0 -19yrs, over the October Holidays. We have put together a list of perhaps useful tips and information regarding the play scheme, which is based at Sandgate School in Kendal.

KEY TO THE PLAY SCHEME ACTIVITIES:

Arts and crafts

It would be really helpful for the arts/crafts materials if you could book in advance but we understand that might not be possible. For some sessions, places will be limited but we will use a cancellation list so that on the day a place may become available.

You are welcome to bring a change of clothing or a shirt for your child to wear when painting. We realise a new unfamiliar shirt may be difficult for children to wear.

Hydrotherapy swimming sessions

Places are limited to 18 people per session, so booking in advance is recommended. ***Under 8's and non-swimmers need to be on a one-to-one with an adult in the water.***

Pamper sessions

Treatments by Tracey and Ulla include reflexology; reiki; Indian head massage or head neck and shoulder massage. Please indicate what you would like and we will book you in for either a 30 minute morning or afternoon appointment.

Koalas

On Tuesday, we welcome Barnardo's staff along with the Koalas group. If you have a baby or young child with a disability, come along to Koalas. This parent-run group provides support and activities for all the family.

Dance Sessions

Christine will be providing fantastic music and dance during her dance sessions.

Soccer Sessions

The sessions, run by a qualified sport coach from the Westmorland FA, will offer opportunities for children and young people to try new and stimulating activities, learn new skills, exercise and have fun together in a safe and friendly environment.

Lunch time

Lunch time will be 12 noon to 1pm and this is when the ball pool and arts room will be locked, so that the children are not eating in areas difficult to clean and supervise. We will also have quiet activities on for those who only need a shorter time to eat, such as Scratch Art and chill-out areas.

Other Activities

As well as the activities listed, we are often also able to put on some additional extras, such as the use of the **sensory room**; sports and games; youth club (pool and air hockey etc) **film screenings**; **Wii and video games**; **face painting & transfers** and **sensory sessions**.

October Holidays - Daily Planner

Day	Theme	Opening Time	Morning activities; 10am –12noon	Lunch Time/ Chill Out Time; 12noon - 1pm	Afternoon activities: 1pm - 3pm	Additional Information
Saturday	Busy Fingers- Mosaics	11am		Closed at 1pm	Closed	
Monday	Decorating Pots - make a money box or paint a mug	10am	Soccer School 11am - 12noon		Soccer School 1-2pm Hydro-swim Session 1:30 - 2:30pm Helen Edmonds in to talk about new Employabil- ity Skills and Communication Courses	Bowling at Morecambe (£6 per per- son. Leaving from Sand- gate School at 3pm).
Tuesday	Alien Themed Day Baking Cup Cakes	10am	KOALA Day - with Joannie Clay Workshop - Make an Alien holder Pamper Session with Tracey	Decorating (and Eating!!!) Cup- cakes	KOALA Day - with Joan Sensory room session Story Time with Joannie Pamper Session with Tracey	
Wednesday	Jewellery Day Bird Puddings	10am	Arts with Annie - Spiders and Halloween Pamper Sessions with Ulla	Making Apple Chutney	Arts with Annie - Spiders and Halloween Pamper Sessions with Ulla	
Thursday	Minibus Day Trip to Blackpool - Departs from Sandgate at 12 noon prompt (Please eat lunch before we leave). Cost: £12 Tower Visit £3 Fuel (Optional: £5 tea) Returning to Sandgate late evening					
Friday	Owl Theme	10am	Dance with Christine Arts and Crafts - Wall Hanging with Fabric Paints	Betty's Tea Party - Jacobs Join	Games; Face Paints and Cele- brations	

Costs and contributions:

Saturday: £5 per family

Daily charge (Monday, Tuesday, Wednesday and Friday): £10 per day per child or £5 per morning or afternoon per child.

One week loyalty pass (Monday, Tuesday, Wednesday and Friday): £25

Trips out: Morecambe SuperBowl - £6 per person

Blackpool - £15 per person (includes Tower Ticket and minibus fuel costs). £5 for fish and chips optional

We hope there is something above which suits your pocket. We want to be able to provide the Play scheme as regularly as possible so all contributions will be greatly received. If you know of anyone who can either contribute in kind to the play scheme or support us financially please let us know.

Cheques can be made payable to "Kendal Family Drop-in Centre" and posted to Stricklandgate House, 92 Stricklandgate, Kendal, Cumbria, LA9 4PU.

Additional Information about the venue and the play scheme:

Sandgate School is a fantastic venue for our playscheme. There is the adventure playground outside with an area for ball games. We are hoping to use the outside so please bring the appropriate clothing. The soft play ball play room is always a favourite. We will also have a quiet area with connect four, chess, dolls house etc or just somewhere to read and relax.

Please be aware when parking, please do not use the swimming pool car park which is on the right as you drive into the school. Parking is on the left as you drive in, or on the road side.

Tea/coffee will be available for parents and carers, however please ensure hot drinks are not left unsupervised or drunk where children could be injured.

The children and young people in your care are your responsibility. You will be asked to sign in with names and dates of birth of children/young people for our evaluation. Doors will be locked, so that children do not leave the building.

Booking Places

To ensure places are allocated fairly, bookings for the activities at Sandgate school are done centrally by Shirley. For places, please call on 07795 346632 or e-mail shirley-gilpin@sky.com

If you have any comments, we welcome your views and would very much love to see you over the October Holidays!

Many thanks

Shirley (Kendal Family Drop In Centre) and Richard (Sandgate School)