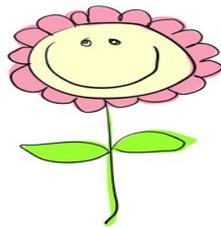
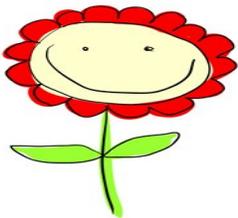


Kendal Family Drop-In Centre  
and Sandgate School  
Play scheme



February half-term  
Holidays 2012

The Kendal Family Drop-In Centre and Sandgate School are running **fully inclusive** activities, for ages 0 - 19yrs, over the February half-term Holidays. We have put together a list of perhaps useful tips and information regarding the play scheme, which is based at Sandgate School in Kendal.

## **KEY TO THE PLAY SCHEME ACTIVITIES:**

### **Arts and crafts**

It would be really helpful for the arts/crafts materials if you could book in advance but we understand that might not be possible. For some sessions, places will be limited but we will use a cancellation list so that on the day a place may become available.

You are welcome to bring a change of clothing or a shirt for your child to wear when painting. We realise a new unfamiliar shirt may be difficult for children to wear.

### **Hydrotherapy swimming sessions**

Places are limited to 18 people per session, so booking in advance is recommended. ***Under 8's and non-swimmers need to be on a one-to-one with an adult in the water.***

### **Pamper sessions**

Treatments by Tracey and Ulla include reflexology; reiki; Indian head massage or head neck and shoulder massage. Please indicate what you would like and we will book you in for either a 30 minute morning or afternoon appointment.

### **Koalas**

On Tuesday, we welcome Barnardo's staff along with the Koalas group. If you have a baby or young child with a disability, come along to Koalas. This parent-run group provides support and activities for all the family.

### **Sensory Sessions**

On site, we have a great sensory room containing bubble tubes, UV lights, mirrors, etc. If you would like to book a session where you can spend time with your child and have full or private use of the room, please contact Richard.

### **SoundBeam Music Session**

SoundBeam is a fun-packed, unique no contact movement into sound device which enables anyone, regardless of physical or cognitive ability, to experiment and communicate with sound using varying degrees of movement (even the blinking of an eye can produce cascades of notes, dramatic chords or sound effects).

### **Soccer Sessions**

The sessions, run by a qualified sport coach from the Westmorland FA, will offer opportunities for children and young people to try new and stimulating activities, learn new skills, exercise and have fun together in a safe and friendly environment.

### **Lunch time**

Lunch time will be 12 noon to 1pm and this is when the ball pool and arts room will be locked, so that the children are not eating in areas difficult to clean and supervise. We will also have quiet activities on for those who only need a shorter time to eat, such as Scratch Art and chill-out areas.

### **Other Activities**

As well as the activities listed, we are often also able to put on some additional extras, such as the use of the **sensory room**; sports and games; youth club (pool and air hockey etc) **film screenings**; **Wii and video games**; karaoke; **face painting & transfers** and **sensory sessions**.

## February half-term Holidays - Daily Planner

Day	Theme	Opening Time	Morning activities; 10am –12noon	Lunch Time/ Chill Out Time; 12noon - 1pm	Afternoon activities: 1pm - 3pm	Additional Information
<b>Monday</b>	Funky Portraits	10am	Soccer School 11am - 12noon	Make Play Dough	Soccer School 1-2pm  Hydro-swim Session 1:30 - 2:30pm	
<b>Tuesday</b>	Things I Love	10am	KOALA Day -  Pamper Session with Tracey	Fruit and Jelly	KOALA Day  Soundbeam Session with Keith  Pamper Session with Tracey	
<b>Wednesday</b>	Mosaic and Clay Decorations	10am	Pamper Sessions with Ulla  Film Club - Rio (Animated Comedy; 2011)	Hide the soft-toy game	Pamper Sessions with Ulla  Wii Games Session	
<b>Thursday</b>	Minibus Trip to Morecambe Superbowl - Departs from Sandgate at 11am prompt (Please bring a packed lunch)  Cost: £7 per person including 1 hour of bowling  Returning to Sandgate for 3pm					
<b>Friday</b>	CLOSED					

## **Costs and contributions:**

**Daily charge (Monday, Tuesday and Wednesday)** £10 per day per child  
or £5 per morning or afternoon per child.

**Loyalty pass (Monday, Tuesday and Wednesday):** £20

**Trips out:** Morecambe SuperBowl - £7 per person

We hope there is something above which suits your pocket. We want to be able to provide the Play scheme as regularly as possible so all contributions will be greatly received. If you know of anyone who can either contribute in kind to the play scheme or support us financially please let us know.

Cheques can be made payable to "Kendal Family Drop-in Centre" and posted to Stricklandgate House, 92 Stricklandgate, Kendal, Cumbria, LA9 4PU.

## **Additional Information about the venue and the play scheme:**

Sandgate School is a fantastic venue for our play scheme. There is the adventure playground outside with an area for ball games. We are hoping to use the outside so please bring the appropriate clothing. The soft play ball play room is always a favourite. We will also have a quiet area with connect four, chess, dolls house etc or just somewhere to read and relax.

Please be aware when parking, please do not use the swimming pool car park which is on the right as you drive into the school. Parking is on the left as you drive in, or on the road side.

Tea/coffee will be available for parents and carers, however please ensure hot drinks are not left unsupervised or drunk where children could be injured.

The children and young people in your care are your responsibility. You will be asked to sign in with names and dates of birth of children/young people for our evaluation. Doors will be locked, so that children do not leave the building.

## **Booking Places**

To ensure places are allocated fairly, bookings for the activities at Sandgate school are done centrally by Richard. For places, please call on 07985 530354 or e-mail [richardwestwell@sandgate.cumbria.sch.uk](mailto:richardwestwell@sandgate.cumbria.sch.uk)

***If you have any comments, we welcome your views and would very much love to see you over the February half-term Holidays!***

***Many thanks***

***Shirley (Kendal Family Drop In Centre) and Richard (Sandgate School)***