

Zahra Prescription Facials

Zahra prescription facials are based on plant extracts and are formulated by Zahra. Pure aromatherapy oils are used to naturally work with your skin, leaving it looking beautiful with a sense of well being.

The treatment is designed with you in mind, after a detailed analysis and consultation your skin type will be determined and products used to suit you, bringing out the very best results for your skin.

All Zahra products are 100% natural.

Express Facial - 20 Minutes £18.50

Includes Cleanse, Exfoliation (dead skin removal, increases skin regeneration) Tone, Soothing Eye Treatment, Deep Moisturise and Firming Jo-Joba Neck Treatment.

Mini Facial - 30 Minutes £24.00

Includes Deep Cleansing Massage, Exfoliation (dead skin removal, increases skin regeneration) Hot Compress with Essential Oils, Fresh Mask, Tone, Soothing Eye Treatment, Deep Moisturising and Firming Jo-Joba Neck Treatment.

Full Luxury Facial - 1 Hour 15 Minutes £48.00

The ultimate experience in a facial!
Includes Deep Cleansing Massage, Exfoliation (dead skin removal, increases skin regeneration) Full Face and Neck Massage, Acupressure Tension Relief Massage, Facial Steam with Essential Oils, Fresh Mask, Tone, Soothing Eye Treatment, Deep Moisturising Massage and Firming Jo-Joba Neck Treatment.

Acupressure Facial - 45 Minutes £38.00

Includes Deep Cleansing Massage, Exfoliation (dead skin removal, increases skin regeneration) Acupressure Tension Relief Massage, Facial Steam with Essential Oils, Fresh Mask, Tone, Soothing Eye Treatment, Deep Moisturising Massage and Firming Jo-Joba Neck Treatment.

Tension Relief Massage - 30 Minutes £24.00

Includes Cleansing Full Face and Neck Massage, Acupressure Tension Relief Massage, Recommended for migraine sufferers.

Wedding Treatments

I know how important your day is to you and how perfect you will want to look - radiant and beautiful.

I offer a completely stress free approach to your wedding preparations. I feel it is impossible for a single wedding package to suit every brides needs. Every bride is different, requiring your own individual plan to help you prepare for your big day.

I can help you choose treatments for a fantastic wedding beauty plan!

Some favourites are . . .

- Sugaring - if you want your sugaring to last you need to start early!
- Tanning - don't be scared of what a tan will look like, pre tan!
- Body Wraps - you can loose up to a dress size!
- Facials - a programme of facials will help for a flawless finish.
- Make-up - practice before the big day.

Bridal Party Make-up

Prior to your wedding, I will meet you to discuss your requirements and apply your make-up so you can see how marvellous you will look on the day. On the morning of your Wedding, I will come to you and apply your chosen make-up, so you can be confident that you look your very best when you say 'I do'.

Bridal Make-Up - £95.00

Including consultation, Trial make-up, Express facial and make-up on your special day.

Bridesmaids/Mothers - £40.00

Younger Bridesmaids/Flower Girls - from £15.00

Let me help in making your day truly special

Nichola Spedding

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Gift vouchers are available

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Zahra Sugaring Hair Removal

A Revolution in Hair Removal

The therapeutic way to remove unwanted hair from the face and body with a natural sugar paste. The ancient technique and skill of Zahra Sugaring ensures hairs are removed from the follicle, not broken off under the surface of the skin. Lasts up to 6 weeks. With regular treatments hair diminishes. Suitable for Sensitive skin. Eczema and Psoriasis can also be treated.

Imagine!

- No more messy creams
- No more harsh chemicals
- No more steel blades
- No unwanted hair, stubbly re-growth or dryness, just skin that feels luxurious and feminine.

Effective and comfortable, Feel good - look sensational!

Face

- Top Lip - £6.00
- Chin - £6.00
- Neck - £6.00
- Side of Face - £6.00

Eyebrows

- Tidy - £8.00
- Restyle and Shape - £9.50

Arms

- Full Arms and Fingers - £15.00
- Half Arm - £10.00
- Under Arm - £9.00

Bikini Line

- Tidy from - £9.00

Legs

- Half Legs (toes to above knees) - £17.00
- Full Leg (toes to top of thighs) - £25.00
- Threequarter Leg - £20.00

Eyelash and Eyebrow Tinting

Enhance your appearance with an eyelash and eyebrow tint. Long lasting results. No more heavy mascara.

- Eyebrow Tint £7.50
- Eyelash Tint £14.00

A free patch test is necessary for eyelash tinting. This is a one-off test and not needed for every treatment.

Hollywood Eyes - Eyelash extensions

Enhance the natural beauty of your eyes with semi-permanent strip and individual lashes with a choice of size and colour they provide the perfect look for any special occasion. Really natural look or go wild and have amazing 'Hollywood Eyes' - from £16.00

Make-up - 30 Minutes - £25.00

Using Virgin Vie Cosmetics.

Includes cleanse, tone and moisturise and complete make-up application for any special occasion.

Make-up Lesson (1 Hour) - £35.00

Complete make-up application to help you create the look you want for day or evening, with professional advice on how to achieve it and make it last!

A wide range of Zahra Skincare and St. Tropez retail products are available

St Tropez Spa Tanning (1 Hour)

Full Body £35.00 • Half Body £25.00

For those who like to tan in the most luxurious way and without the damage of the sun. Pamper yourself and indulge in the St. Tropez Ultimate Tan.

This professional treatment begins with an all over body polish to remove any dry skin followed by moisturising of dry areas. Finally an application of the St. Tropez self tan lotion to produce a non-streaky golden tan.

Ideal for all skin types, this treatment leaves you with a sun-kissed holiday tan. The result of this treatment can last up to 7-10 days with the correct aftercare. The perfect pampering tan for any special occasion.

Body Wraps (1½ Hours)

Single Treatment £55.00 • Course of 3 £150.00

The Body Contour Wrap drains away toxins, breaking down fatty deposits and helps eliminate water retention.

The Body Contour Wrap is an exclusive inch loss treatment using a unique blend of essential oils in an Aloe Vera gel.

The Body Contour Wrap uses a combination of specialist bandaging techniques and Body Contour Gel to improve skin tone, texture and help reduce cellulite.

A Full Body Brush is included before the wrap to boost circulation. The results mean you could drop a dress size!

The treatment can be offered as a course or a single treatment for a special occasion, depending on your needs.

Collagen Mask Facial (45 Mins)

Single Treatment £38.00 • Course of 5 £175.00

The collagen in our skin maintains the natural tone and firmness keeping it healthy and young looking. Ageing causes collagen production to drop dramatically and this is the main reason for wrinkles that we all dread!

Introducing masks with collagen to the skin can help to slow down the ageing process, reduce fine lines and wrinkles and prevent further dehydration.

Collagen masks are exceptionally kind to the skin and the collagen is absorbed into your skin.

There will be noticeable results after 1 treatment but a course of 5 is recommended for long lasting results.

Nichola Spedding